

2019-20 GUIDELINES FOR SCHOOL AND SPORTS PHYSICAL DEADLINES

KINDERGARTEN AND 7TH GRADE PHYSICALS:

BELLEVUE – Complete after 2/8/2019

BENNINGTON – Complete after 2/14/2019

BLAIR – Complete after 2/14/2019

COUNCIL BLUFFS – Complete after 2/27/2019 (No physical required for 7th graders not doing a sport)

CATHOLIC OMAHA SCHOOLS – Each school's date varies. Check with your individual school.

ELKHORN – Complete after 2/15/2019

FREMONT – Complete after 2/13/2019

FREMONT CATHOLIC – Complete after 2/12/2019

GRETNA – First day of school will be set in March

KEARNEY & KEARNEY CATHOLIC – Complete after 2/15/2019

LEWIS CENTRAL – Complete after 2/26/2019 (No physical required for 7th graders not doing a sport)

MILLARD – Complete after 2/12/2019

OMAHA PUBLIC (OPS) – Complete after 2/14/2019

PAPILLION-LA VISTA – Complete after 2/13/2019

PLATTSMOUTH – Kindergarten complete after 2/16/2019 and 7th grade complete after 2/14/2019

RALSTON – Complete after 2/9/2019

WESTSIDE – Complete after 2/14/2019

****Note: Nebraska state law requires a vision screening be conducted on all students entering kindergarten and all out-of-state transfer students. Vision screenings are also highly encouraged for all incoming 7th grade students, but it is not required. Hearing screenings are highly encouraged for all incoming kindergarten and 7th grade students, but it is not required.***

SPORTS PHYSICALS:

Nebraska state law requires sports physicals to be completed after 5/1/2019 and turned in before the first day of your child's sport practice.

****Some schools allow 7th graders to use their 7th grade physicals as their sports physicals. Check with your school.***