## ENFit Parent/Caregiver Education

<table>
<thead>
<tr>
<th>Low profile feeding tubes (Mini One and Mic-key):</th>
<th>Low profile feeding tubes are not changing, however the extensions are now available with ENFit adapters.</th>
</tr>
</thead>
<tbody>
<tr>
<td>PEG and long G/J tubes:</td>
<td>While CHHC does not provide these tubes, they will be impacted by the ENFit change. Talk with your doctor about your child’s transition to ENFit. CHHC will continue to provide you with supplies compatible to your child’s feeding tube.</td>
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<tr>
<td>NG tubes:</td>
<td>CHHC is now stocking ENFit NG tubes. If your child has a bridled NG tube without ENFit connections, CHHC will continue to provide you with supplies compatible to your child’s feeding tube.</td>
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<tr>
<td>Feeding pump and gravity bags:</td>
<td>Remove the attached white ENFit temporary adapter and put it in the trash. Twist the ENFit connection into the ENFit connection of the feeding tube or extension.</td>
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<tr>
<td>Syringes:</td>
<td>ENFit syringes are needed to access ENFit feeding devices. CHHC will provide additional syringes in a variety of sizes during our transitional period.</td>
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<tr>
<td>Using syringes with the ENFit connections:</td>
<td>Attach syringe by twisting the ENFit syringe on to your child’s feeding tube/extension tubing. Slow push or provide feed via syringe gravity as you normally would.</td>
</tr>
</tbody>
</table>

## ENFit Cleaning Procedures

**Feeding Tubes with Male ENFit Connectors**
*(e.g. Nasogastric, Transpyloric, Orogastric, Percutaneous Endoscopic Gastrostomy Tubes and other ENFit devices)*

**Tips for keeping ENFit feeding tube ports clean. Inspect before you connect!**
- **Priming Feeding Sets** - Stop priming before fluid reaches the end of the tube.
- **ENFit Syringe Draw Up** - Wipe medication and nutrition from tip/outer threads, keep fluids out of dead space before connecting to feeding tube.

For best results, follow these instructions to clean tubes at least once a day or whenever material is visible.

**Tube Cleaning Supplies & Terms**

- Cup of clean water
- Syringe
- Gauze
- Brush or ENFit specific cleaning tool
- ENFit Feeding Tube

**Note:** Use a disposable brush or follow manufacturer’s instructions if using ENFit specific cleaning brush.

1. Wash hands with soap and water. Rinse brush with tap water.
2. Fill syringe with water.
3. Plug center hole of feeding tube port with brush bristles. Forcefully flush moist with water.
4. Rotate brush in bottom of moist.
5. Rinse cap with clean tap water.
6. Insert bristles into feeding tube cap and rotate brush in cap to clean.
7. Wipe feeding tube port and cap with gauze. Clean supplies and allow to air dry.

Repeat steps 3 through 6 until cap and tube are thoroughly clean.

*A manual toothbrush is regulated as a medical device intended to remove debris from the teeth in some jurisdictions. Consult your licensed healthcare provider or Risk Manager regarding recommended use for cleaning feeding tube ports. Dispose of single use devices as instructed. Cleaning procedures courtesy of Children’s Mercy Kansas City. © GEDSA 2018 ENFit is a registered trademark of GEDSA.*