Surgical Observation Unit (SOU) Order Sets

What are these orders?: The following order sets were developed to help expedite the discharge process and not have patients waiting for physician orders when patients have met their goals during the observation period. After the orders are put in by the surgeon or resident surgeon, this becomes a nurse driven protocol to expedite the discharge process when ENT and Ortho observation patients are meeting their discharge goals. It is a "discharge if goals met" type order.

Who puts these orders in?: These orders are put in by surgeons/surgeon residents.

Order Set Names
- SURG IP OUTPATIENT POST-OP
- ORTHO IP OUTPT DISCHARGE SOU
- ORTHO IP POST-OP OUTPT
- ENT IP BMT/PE TUBES/MYRINGOTOMY
- ENT IP MYRINGOTOMY ADENOIDECTION
- ENT IP POST-OP DISCHARGE T&A
- ENT IP TA / UPP
- ENT IP POST-OP TYMPANOPLASTY
- ENT BMT/PE Tubes/Myringotomy Post-op

How do I access the new order sets?:

1. Access these order sets by going to the Post-Op to Discharge Navigator, then to Medication Reconciliation and then to New Orders
   - 1. Review Orders for Discharge
   - 2. New Orders
   - 3. Review and Sign

2. Enter the Name of the Order set in the Order sets and Pathways Box.

3. Please include the appropriate Goals and Directions for SOU nurses by checking the appropriate boxes.

Examples:

Example 1. Nursing order to identify Goals that must be met prior to discharge:

- Nursing
  - Discharge Goals Panel
    - Discharge Goals: May be discharged when the following criteria is met:
      - Routine, Once First occurrence Today at 1559
      - Discharge Criteria: Voids x 1, Nausea and vomiting absent, Pt maintains a pain score of 3 or less x 3 hours, Vital signs within normal range for age (baseline), Pt is ambulating/crutch training complete
      - Post-op, Sign & Hold

Version 1

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Example 2. Nursing order to direct SOU nurse to enter an order for Observation status after 4-6 hours if discharge goals are not met.

- If discharge goals are not met
  - Routine, Routine starting Today at 1559 Until Specified
  - Enter a 'Place in Observation (SOU)' order with Admitting Physician as Dr. ***, Post-op, Sign & Hold

Example 3. A Hospitalist Consult order for those patients who will be cared for in observation using the hospitalist co-management service.

- Consult Hospitalist
  - To - HOSPITALIST SERVICE, CHILDRENS, Once First occurrence Today at 1603
  - Reason for Consult? Surgical Observation care
  - Consult Priority: Routine (24-48 hrs)
  - Consultant Role: Concurrent Ongoing care/Follow-up
  - Post-op, Sign & Hold

Example 4. A Nursing order directing a call to the hospitalist co-management team at the time the patient converts to observation status.

- Nursing Instruction (per MD order)
  - Routine, As needed starting Today at 1602 for 1 occurrence
  - If patient enters Observation, notify the Hospitalist., Post-op, Sign & Hold