

## ANORECTAL MANOMETRY

### What is Anorectal Manometry?

It is an anal motility test. Anal muscles usually tighten to hold in stool, and relax in order to pass it. If the muscles do not tighten and relax normally, can lead to constipation and/ or stool incontinence.

### Preparing for the procedure

#### For children who DO NOT require anesthesia:

- Your child is ok to eat and drink before the test.
- Please arrive to the CARES unit 1 hour prior to the test.
- They will be required to change into a hospital gown when settled in a room.
- Your child will receive a Fleets enema 30 minutes before the test, which will help empty the bowels.
- One parent will be allowed in the room during the test.

#### For children who DO require anesthesia:

- Your child can not have anything to eat or drink 8 hours prior to the test.
- Please arrive to the CARES unit 2 hours prior to the test.
- Your child will be required to change into a hospital gown when settled in a room.
- Your child will receive a Fleets enema 30 minutes before the test, which will help empty the bowels.

### During the procedure:

- The test will be done in an operating room and lasts 10-45 minutes.
- The doctor will insert a small, flexible tube into the anus and up into the rectum.
- This may feel a little uncomfortable, but does not cause pain.
- The tube will be removed when the test is done.

### After the procedure:

Your child should not experience pain after the procedure. If he/she does, please contact our office at 402-955-5700. Results of the test will be available 4-5 days after the procedure.