



We know children.

## Welcome to Children's Behavioral Health

Thank you for choosing Behavioral Health. We want you to feel comfortable here. Since many individuals are unaccustomed to a situation in which their feelings and "problems" are the focus of attention, communication may at times feel awkward. There is a difference between conversation and therapy. If at any time you have questions about the course of treatment, feel free to discuss them with your provider. Please ask questions until you feel you understand.

### **Privacy and Confidentiality**

Attached is a document entitled "Joint Notice of Privacy Practices," which applies to all entities of Children's Healthcare Services. Please be aware that the psychological records of Behavioral Health are kept separate from the medical records of the hospital, and thus are afforded additional assurance of privacy and confidentiality.

All psychotherapy records, as well as discussions that occur during appointments, are confidential. Such information is released to outside sources only upon consent of a signed "Authorization to Release Health Information" form. You may revoke this permission in writing at any time.

Confidential information may be released without consent as required by law. For example, the law requires a provider to release information if the provider feels that a patient is in a dangerous or abusive situation or thinks a client might harm herself/himself or others. There may be other situations in which the law compels the release of information.

### **Appointments**

Efforts will be made to make appointments at a time that is convenient to you. It is important that treatment continues on a regular basis. When cancellations occur, please attempt to reschedule the appointment at the time of the cancellation or as soon as possible. You may be charged for appointments that are cancelled less than 24 hours in advance. In order that we may serve others who desire treatment, repeatedly missing appointments without notification may require discontinuation of services.

### **Payment**

It is our policy that the client pays wholly or in part for services rendered before leaving the office. Your provider must discuss any variation from this policy with the director. Checks should be made payable to Children's Hospital. Debit cards, MasterCard, Discover, American Express and VISA are also accepted.

### **Emergencies/Phone Calls**

We encourage you to discuss any problems or concerns during your regular appointments. If you need to talk directly to your provider between appointments, please understand that we will return calls as our schedules permit. It is often helpful to relay messages through the office staff when possible.

### **Honesty and Integrity**

Again, thank you for choosing Children's Behavioral Health. Our goal is to assist you in dealing effectively with problems you are having while respecting your dignity, privacy and confidentiality. We are embarking on a cooperative effort, which can succeed only if we are open and honest with each other. We hope you will be comfortable with us and benefit from the experience.



We know children.

## Pretreatment Questionnaire-Child/Youth

Patient Name \_\_\_\_\_ Birth date \_\_\_\_\_ Today's date \_\_\_\_\_

Form Completed by \_\_\_\_\_ Parent \_\_\_\_\_ Legal Guardian

Referred by \_\_\_\_\_

**Primary concern(s) for which treatment is sought:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Parents are:** \_\_\_\_\_ married \_\_\_\_\_ divorced \_\_\_\_\_ separated \_\_\_\_\_ other: \_\_\_\_\_

**How well is your child doing in the following areas:**

	Poor					Excellent	
	1	2	3	4	5		
Grades in school?	1	2	3	4	5		NA
Behaving in school?	1	2	3	4	5		NA
Behaving at home?	1	2	3	4	5		NA
Getting along with family?	1	2	3	4	5		NA
Getting along with peers?	1	2	3	4	5		NA
Overall level of Functioning	1	2	3	4	5		NA

**Individuals living in your home: (\*Including Adults)**

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

**Individuals living in your home part-time:**

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship \_\_\_\_\_

**Developmental history:**

Complications at birth or in early childhood? \_\_ yes \_\_ no If yes, please explain:

Approximate age walked \_\_\_\_\_ Approximate age talked \_\_\_\_\_

Any known developmental delays? \_\_\_\_\_

**Medical Issues:**

Date of your child's last physical exam \_\_\_\_\_ Physician's Name: \_\_\_\_\_

At any time has your child had the following:

- |              |                                |                               |                                  |
|--------------|--------------------------------|-------------------------------|----------------------------------|
| 1. Asthma    | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 2. Allergies | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |

Type of allergies: \_\_\_\_\_

- |   |                                |                               |                                  |
|---|--------------------------------|-------------------------------|----------------------------------|
| 3. Diabetes, arthritis, or other chronic illnesses  | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 4. Epilepsy or seizure disorder                     | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 5. Surgery  | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 6. Lengthy hospitalization                          | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 7. Speech/language problems                         | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 8. Hearing difficulties                             | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 9. Eye/vision problems                              | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 10. Fine motor/handwriting problems                 | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 11. Gross motor difficulties, clumsiness            | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 12. Appetite problems (overeating or under eating)  | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 13. Sleep problems (falling asleep, staying asleep) | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 14. Soiling problems                                | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |
| 15. Wetting problems                                | <input type="checkbox"/> Never | <input type="checkbox"/> Past | <input type="checkbox"/> Present |

16. Serious injuries:

17. Explain any hospitalizations or surgeries:

Immunizations current: \_\_\_\_ yes \_\_\_\_ no If no, explain: \_\_\_\_\_

**Medications (prescribed and over-the-counter):**

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Prescribing physician \_\_\_\_\_  
Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Prescribing physician \_\_\_\_\_  
Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Prescribing physician \_\_\_\_\_

**Previous mental health treatment:**

Mo/Yr \_\_\_\_ Provider \_\_\_\_\_ Treatment \_\_\_\_\_ Outcome \_\_\_\_\_  
Mo/Yr \_\_\_\_ Provider \_\_\_\_\_ Treatment \_\_\_\_\_ Outcome \_\_\_\_\_

**Family History:**

Please indicate whether any of your child's blood relatives have experienced any of the following:

Anxiety	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
Depression	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
ADHD	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
Behavior Problems	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
Schizophrenia	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
Substance Abuse	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
Suicide	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?
Abuse	<input type="checkbox"/> none	<input type="checkbox"/> yes	Who?	Treated?

**Academic/Educational history:**

Current school \_\_\_\_\_ Current Grade \_\_\_\_\_

Special education placement? \_\_\_\_ yes \_\_\_\_ no If yes, in what area? \_\_\_\_\_

Has the school performed psychological testing? \_\_\_\_ yes \_\_\_\_ no \_\_\_\_ don't know

Is there an IEP (Individual Education Plan)? \_\_\_\_ yes \_\_\_\_ no \_\_\_\_ don't know

Has your child's teacher expressed any concerns about your child's social, emotional, behavioral, or academic functioning? If yes, please explain

\_\_\_\_\_  
\_\_\_\_\_

**Substance Use:**

Tobacco use:  None  Suspected  Known to use currently

Type: \_\_\_\_\_ Amount: \_\_\_\_\_ How often: \_\_\_\_\_

Drug use:  None  Suspected  Known to use currently  Recovering

Type: \_\_\_\_\_ Amount: \_\_\_\_\_ How often: \_\_\_\_\_

Alcohol:  None  Suspected  Known to use currently  Recovering

Type: \_\_\_\_\_ Amount: \_\_\_\_\_ How often: \_\_\_\_\_

Caffeine use:  None  Amount and Frequency: \_\_\_\_\_

**Child's Interests/Activities:**

---

---

---

**Child's Strengths:**

---

---

---

**Current Legal Concerns:**  yes  no If yes, explain: \_\_\_\_\_

---

**Religious/Spiritual Affiliation(s):** \_\_\_\_\_  none  prefer not to answer

Is there anything you would like to discuss with the provider without your child present? If so, explain:

---

---

**Parent/Legal Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_  
Reviewing Provider Date

\_\_\_\_\_  
Supervising Provider (if applicable) Date



Children's Behavioral Health • 1000 North 90<sup>th</sup> Street • Omaha, NE 68114 • 402-955-3900

Patient Last Name	Patient First Name	MI
Patient DOB	Patient Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	PCP/Physician
Patient Home Address		Preferred Telephone

### Behavioral Health Care Treatment Agreement

The patient named above (“the Patient”) will receive behavioral health care at Children’s Behavioral Health (“Children’s”), a department of Children’s Hospital & Medical Center. In my capacity as the parent/legal guardian/legally authorized representative of the Patient (or as an adult patient or emancipated minor patient), I understand and agree to the following:

- a. I understand that the Patient’s trust in his/her behavioral health care providers (“Providers”) is essential to the therapeutic process. To further that trusting relationship, I agree that:
  - 1. Discussions between Children’s Providers and the Patient may be held confidential from me unless the Patient is deemed to be at risk of harming him/herself or others;
  - 2. I will not request that any of the Patient’s treatment records be released to my attorney; and
  - 3. My attorney will not request any Children’s Providers’ testimony or deposition in the event of a legal dispute.
- b. I understand that Children’s Providers do not perform custody evaluations, so should custody or placement of the Patient ever be an issue, I should seek an independent custody evaluation from a psychologist who specializes in forensic evaluation.
- c. I understand that the Patient’s other parent (unless his/her parental rights have been terminated or otherwise limited by law) and/or another legal guardian or legally authorized representative of the Patient may (1) be given the same information and recommendations regarding the Patient that I am given and (2) make an appointment to review the Patient’s treatment records to address any questions or concerns that might arise.
- d. I understand that the Patient’s Providers must report any evidence of possible child abuse or neglect to the appropriate authorities.

\_\_\_\_\_  
*Signature of Parent with Legal Custody, Legal Guardian,  
 Adult Patient or Emancipated Minor Patient, or Other  
 Legally Authorized Representative of Patient*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Relationship to Patient*

\_\_\_\_\_  
*Signature of Provider*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Date*



We know children.

### Electronic-Mail Awareness Consent Form

Electronic Mail communications involving and/or containing information about the patients care will be maintained in the patient's medical record (chart). This would apply to communication from the patient, parent/guardian or treatment provider. In addition please be aware that our computer system does not permit an out of office notice to be posted for non internal users. We acknowledge that emailing the treatment provider directly is not a secure form of communication, and we agree and accept the use of direct email communication with the treatment provider. Finally, email should not be used for emergency communication.

I have read the above statement and understand and accept the contents.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Signature (19 or older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Name (Print)



We know children.

## CATEGORIES FOR CONSENTING TO TREATMENT

Please (✓) check which one applies:

\_\_\_ Biological parents are married; each parent can consent to treatment of child

\_\_\_ Adoptive parents are married; each parent can consent to treatment of child

\_\_\_ Parents are divorced with joint custody decree providing each parent can consent to treatment for child

\_\_\_ Parents are divorced with decree granting custody and the right to consent to treatment for child to: \_\_\_ mother \_\_\_ father

\_\_\_ \_\_\_\_\_ is (are) child's legal guardian(s) and each can consent to treatment of child

\_\_\_ Other (please explain): \_\_\_\_\_

\_\_\_\_\_  
**Patient Name**

\_\_\_\_\_  
**Parent/Legal Guardian Signature**

\_\_\_\_\_  
**Relationship to Patient**

\_\_\_\_\_  
**Date**