

STUDENT HEALTH SCREENING

Before your child leaves the house to go to school each day, please ask these health screening questions to determine whether he/she is well enough to do so.

1. Does your child have any of the following symptoms?

- Fever (of 100.4 degrees or higher) or chills
- Fatigue, muscle or body aches
- Cough, shortness of breath or difficulty breathing
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea, vomiting or diarrhea



2. Has your child been:

- Around anyone diagnosed with COVID-19?
- Around anyone with symptoms of COVID-19?
- Directed to self-isolate due to symptoms of COVID-19?

YES

If the answer is **YES** to **ANY** of the questions or symptoms above, your child should stay home and you should call your pediatrician or family physician for further guidance. You can also call Children's COVID Help Line at 402.955.3200.



NO

If the answer is **NO** to **ALL** of the questions and symptoms above, it's time for school! Before you leave the house, make sure your child remembers to:

- Wear a mask or face covering at school.
- Wash and sanitize their hands frequently.
- Keep a safe, 6-foot distance from others as much as possible.



*From all of us
at Children's, have a
healthy day & be well!*