GREATER OMAHA COMMUNITY BREASTFEEDING RESOURCES

Find Support to Reach Your Breastfeeding Goals

Professional Lactation Support | Breastfeeding Supplies | Breastfeeding Support Groups | Breast Pump Rentals | Tele-lactation | Milk Depot | Breastfeeding Classes

Breastfeeding Resources (Health Systems)	Phone Number	Contact Information	Types of Services Offered
CHI Health Bergan Mercy Immanuel Lakeside Mercy (Council Bluffs)	 (402) 398-6095 (402) 572-3868 (402) 717-8216 (712) 325-2525	chihealth.com	
Children's Nebraska	(402) 955-6152	lactation@childrensnebraska.org	
Methodist Hospital Jennie Edmundson Hospital (Council Bluffs) Women's Hospital	 (712) 396-7017 (402) 815-1528	bestcare.org/specialties/lactation MJE.WomensServices@nmhs.org lactationconsultants@nmhs.org	
Nebraska Medicine	(402) 552-3487	nebraskamed.com	

Know your Breastfeeding Rights: nebreastfeeding.org/resources/for-breastfeeding-advocates.html

Find Breastfeeding Help in Nebraska: nebreastfeeding.org/resources/for-parents.html

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Children's NEBRASKA | CHI Health | N EXTENSION

This resource was developed by Children's Nebraska, CHI Health, and Nebraska Extension. It was adapted from the WIC DCHD document "Community Prenatal & Breastfeeding Resources."

WIC Lactation Support

Call (402) 444-1770 for inquiries.

For more information about WIC Lacation visit:
tinyurl.com/WIC-Lactation

For a complete list of WIC locations visit:
Douglas County: tinyurl.com/WIC-Locations-Douglas-County
Sarpy County: tinyurl.com/WIC-Locations-Sarpy-County

UNMC Olsen Center for Women	OneWorld WIC	West Omaha WIC	Midtown WIC	Charles Drew Health Center WIC
600 South 42nd St. Omaha, NE 68105 (402) 559-4500	4920 South 30th St. #103 Omaha, NE 68107 (402) 734-2028	4203 S. 120th St. Omaha, NE 68137 (402) 444-6800	1941 South 42nd St. #225 Omaha, NE 68105 (402) 444-4082	2112 N. 30th St. Omaha, NE 68111 (402) 451-3130

Breastfeeding Resources (Community-based)	Phone Number	Contact Information	Types of Services Offered
Breastfeeding Support of Omaha Facebook Group		BreastfeedingSupportofOmaha	
Essential Breastfeeding Support	(402) 383-1746 (call/text)	essentialbreastfeedingsupport.com contact@essentialbreastfeedingsupport.com	
The Lactation Ladies	(402) 322-2935 (call/text)	thelactationladies.com thelactationladies@gmail.com	
La Leche League of Nebraska	(402) 413-1250	llofne.org	
Malone Maternal Wellness	(402) 522-6384 (call/text)	malonecenter.org/maternal-wellness	
MilkWorks	(402) 502-0617	milkworks.org omaha@milkworks.org	
Nurture Omaha	(402) 915-1559 (call/text)	nurtureomaha.com nurtureomaha@gmail.com	
TenderTouch Lactation Services	(531) 329-0604 call/text	tendertouchlactation.services mckenzie@tendertouchlactation.services	
Touch of Gold	(402) 686-7468 (call/text)	touchofgoldcare.org info@togcare.org	